

Sole US Distributor of

NeuRemedy[®], NeuRemedy[®] *Plus* and NeuRemedy[®] *Ultra*

Recommended Protocol and Guidelines for Patient Management

- Each capsule of NeuRemedy contains 150 mgs of benfotiamine in a proprietary formulation
- Each capsule of NeuRemedy *Plus* contains 150 mgs of benfotiamine and 500 mcgs of methylcobalamin in a proprietary formulation
- Each capsule of NeuRemedy *Ultra* contains 150 mgs of benfotiamine and 6 mcgs of methylcobalamin in a proprietary formulation

Guidelines: The NeuRemedy line of products are sold exclusively to physicians for use with their patients suffering from the symptoms associated with thiamine deficiency, i.e. numbness, dysesthesia and/or shooting pains to the feet and legs*. Thiamine deficiency is common in diabetes, alcoholism, obesity, advanced age, chemotherapy, and nerve injury. The mechanism of action by which all NeuRemedy products are believed to work is through the reversal of thiamine (vitamin B1) deficiency. All NeuRemedy products contain benfotiamine, a safe and highly bioactive form of thiamine.

NeuRemedy *Plus* contains 500 mcgs of methylcobalamin and NeuRemedy *Ultra* contains 6 mcgs of methylcobalamin. Methylcobalamin is the most preferred form of vitamin B12. Vitamin B12 deficiency is often experienced by patients being treated for diabetes, patients being treated for GERD with proton pump inhibitors or H2 blockers, and vegetarians.

The best results for all NeuRemedy products are obtained by using a loading dose for the first month followed by a maintenance dose thereafter. All NeuRemedy products are to be taken orally.

As a consequence of the findings of a recently published <u>peer reviewed study on vitamin safety</u> (1), we suggest reducing the amount of vitamin B12 used in male patients during the maintenance dose phase. This can be accomplished by using NeuRemedy *Plus* during the first month and then NeuRemedy *Ultra* thereafter in male patients.

Recommended Protocol for Women:

Days 1-28 (Loading Dose): NeuRemedy or NeuRemedy *Plus* two capsules twice a day with food. Days 29 and above (Maintenance Dose): NeuRemedy or NeuRemedy *Plus* one capsule twice a day with food.

Recommended Protocol for Men:

Days 1-28 (Loading Dose): NeuRemedy or NeuRemedy *Plus* two capsules twice a day with food. Days 29 and above (Maintenance Dose): NeuRemedy or NeuRemedy *Ultra* one capsule twice a day with food.

- 1- Brasky TM, et al, Long-Term, Supplemental, One-Carbon Metabolism-Related Vitamin B Use in Relation to Lung Cancer Risk in the Vitamins and Lifestyle (VITAL) Cohort. J Clin Oncol. 2017 Oct 20;35(30):3440-3448. doi: 10.1200/JCO.2017.72.7735. Epub 2017 Aug
 - *This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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